## Youth Sexual Violence Service

- A counselling and support program for young people aged 12–18 who identify as having experienced sexual violence
- Support for family and care givers of non-offending survivors
- Information, advice and referral
- Group counselling programs
- Heathy relationships group education
- Support for schools and linking with other services



It is your human right to be safe. Talk to family or friends you feel safe with or reach out and get support – you can get free advice to understand your situation and what support is available.

> When you speak to us, we will RESPECT you, BELIEVE you, and help you to feel COMFORTABLE.

#### **DVAC support services:**

Ipswich 07 3816 3000 Toowoomba 07 4642 1354

#### More support:

**DV Connect:** 1800 811 811 (24/7) dvconnect.org **1800 Respect**: 1800 737 732 1800respect.org.au **Kids Helpline:** 1800 55 1800 kidshelpline.com.au **Kobi House:** 07 4616 6446

#### In an emergency call 000

We acknowledge and respect that we provide services across the lands and waters of the Bundjalung, Barranggam, Jarowair, Jagera, Ugarapul, and Yuggera Peoples. DVAC is an inclusive service to all eligible members of the community experiencing domestic, family and/or sexual violence. People from all religions, ethnicities, LGBTQI ages, and abilities are welcome.

Funded by







# Youth Sexual **Violence**



For young people who have experienced sexual violence















### About sexual violence

No one has the right to make you do sexual things without your consent, even if you are in a relationship with them, consent to some things, or have consented to things in the past.

1 in 3 girls and 1 in 5 boys will have experienced sexual violence before they are 18.



A person consents to sexual activity if they do it actively, freely, voluntarily and consciously without being pressured into it.



Sexual violence is any kind of sexual activity or sexual act that occurred without consent.



Don't confuse sexual violence with sex. Sexual violence and abuse is a form of control and this violence is never your fault.

# What to expect in counselling

- Confidentiality
- A place where you will be listened to and believed
- A place to learn about sexual violence and its impacts on you
- A place to talk about what is hard in your life right now
- Strategies to help make it easier to cope with what you have been through
- A place to learn about healthy relationships